THE COOKING TWINS

# Freezer Inventory

One appliance. One current count. One consistent unit per row.

Freezer: _____ Count date: _____

Keep each batch separate. Record changes and update the amount now.

| Item / batch code | Location | Starting amount | Changes (+/-) | Amount now |
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Count date means the list was checked, not a new preparation or frozen date.

Keep identification, actual dates and directions with the food.

Stock record only - not a food-safety certificate or storage-duration chart.